



# *Certificate*

*of Publications*

*Proudly presented to:*

**Adhavan S, Angalan V**

has successfully published the research article “**The Impact of Freestyle Aerobic Exercise and Step Aerobic Exercise on Cardio Vascular Endurance among College Female Students**” in the **International Journal of Current Science Research (IJCSR)** e-ISSN: 2454-5422 as part of the International Multidisciplinary Conference on "Advancing Smart Research Writing With AI For A Transformative Future" held on 28 March 2025 at Rani Anna Government College for Women, Tirunelveli.

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